



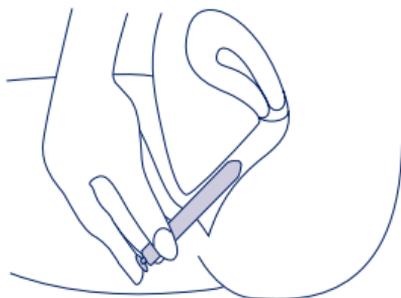
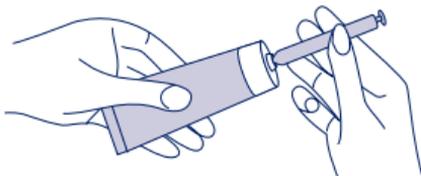
## CONCEPTION FRIENDLY LUBRICANT

### 40g Multi-Use Tube with 9 Single Use Applicators

**PERSONAL USES:** First Response™ Conception Friendly Lubricant supplements the body's own natural lubricating fluids to moisturise, relieve friction and to enhance the ease and comfort of intimate sexual activity. It may be used whilst trying to conceive and may be applied to vaginal or penile tissues for lubrication and moisturisation purposes. It is compatible with latex and polyurethane condoms.

### Directions for Using First Response™ Conception Friendly Lubricant with Disposable Applicators:

1. Remove seal from tube before initial use.
2. Can be applied up to 15 minutes prior to intercourse. Applying it before intercourse allows the moisturiser to disperse throughout the vagina and allows more spontaneity for you as a couple.
3. Attach the applicator to the tube by twisting the end of the applicator firmly onto the tube.
4. Gently squeeze the tube into the applicator, and continue squeezing until the applicator is full or the desired amount is present in the applicator. Most women will choose the 2 to 3gm fill line to meet their needs. Separate the applicator from the tube. Be sure to keep the open end of the applicator upright so no product is lost. After each use, replace the cap and roll up the tube from the bottom. **Do not leave the tube uncapped between uses.**
5. Do not store First Response™ Conception Friendly Lubricant in the applicator more than 30 minutes prior to use. This means if you draw lubricant into the applicator but do not insert it intravaginally within 30 minutes, the unused lubricant needs to be discarded and the applicator disposed of.
6. To apply the lubricant, gently insert the applicator deep into the vagina. This can be done while standing, lying down or sitting (such as on the toilet).
7. Holding the barrel of the applicator, slowly push the plunger all the way in to release the lubricant into the vagina.
8. Remove both parts of the applicator from the vagina.
9. In order to get the right amount of moisture for your body\*, bear down slightly after depositing the product. This will expel any excess lubricant that your body doesn't need. If desired, use a tissue to lightly wipe off any extra product that is on the vulva.
10. Discard applicators following use. **DO NOT REUSE APPLICATORS.**



*continued overleaf*

*\* If this application method doesn't provide enough moisture, we suggest you apply First Response™ Conception Friendly Lubricant inside the vagina (as shown) while lying down in bed, IMMEDIATELY before intercourse. You may also want to squeeze a small amount of First Response™ Conception Friendly Lubricant from the tube onto your (clean) fingertips, and apply directly to external genitalia. If this application method provides too much moisture for you, apply the product earlier before intercourse or apply fewer grams of the product. Also be sure to bear down to expel extra First Response™ Conception Friendly Lubricant after application, and wipe off excess product from the vulvar area.*

### **Directions for using First Response™ Conception Friendly Lubricant externally:**

Squeeze a small amount of lubricant (size of a 10 cent coin or teaspoon) onto your (clean) fingertips and apply to genital area. Vary amount to achieve desired lubrication. The mild ingredients require you to apply a bit more lubricant initially than you might with other products, in order to saturate the skin and provide longer lasting lubrication.

### **WARNINGS:**

- First Response™ Conception Friendly Lubricant is not a contraceptive. It does not harm sperm or interfere with their function.
- **Keep out of reach of children.**
- Do not use if quality seal on the tube is broken; instead, return entire contents to place of purchase.
- First Response™ Conception Friendly Lubricant is extremely slippery; clean up any spills immediately
- Do not use product if active infection or vaginal trauma is present.
- **DO NOT USE AFTER EXPIRATION DATE**  
Expiration date can be found on the tube crimp and the outside of the carton (4 number year and 2 number month)

**CAUTION:** If application of First Response™ Conception Friendly Lubricant causes irritation or discomfort, discontinue use of the product.  
IF SYMPTOMS PERSIST, CONTACT YOUR PHYSICIAN.

**IMPORTANT:** The applicators are single use only. Dispose of each applicator after use by placing it in a waste receptacle. **DO NOT REUSE APPLICATOR.** If additional lubrication is needed, use a new applicator or apply by hand.

Store at room temperature

**INGREDIENTS:** Purified Water, Hydroxyethylcellulose, Pluronic, Phenoxyethanol, Sodium Chloride, Sodium Phosphate, Carbomer, Hydroxyacetophenone, Sodium Hydroxide, Arabinogalactan, Caprylyl Glycol, Potassium Phosphate.

Distributed by Church & Dwight (Australia) Pty Ltd,  
Level 2, 22 Rodborough Road,  
Frenchs Forest NSW 2086  
Freecall Australia 1800 222 099 (AEST 8.30am - 5pm)  
Freecall New Zealand 0800 380 218  
enquiries@churchdwight.com.au  
www.churchdwight.com.au  
www.firstresponsepregnancy.com.au

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