

EARLY RESULT IN-STREAM PREGNANCY TEST

PLEASE READ THIS LEAFLET CAREFULLY BEFORE PERFORMING THIS TEST.

- Early Result Test: Can be used as early as 6 days before the day of your missed period (5 days before day of expected period), any time of day.
 - Easy to read: Two pink lines = pregnant, One pink line = not pregnant (One line may be lighter than the other they do not have to match.)

Reliable: Over 99% acc

Over 99% accurate from the day before your expected period.

- No messy cups: Just hold the test in your urine stream for <u>5 seconds only</u> for an easy to read onestep result.
- First Response advice line (Monday to Friday 8.30am - 5.00pm AEST) AUS: 1800 222 099 NZ: 0800 380 218

How the First Response[™] In-stream Pregnancy Test Works

This test kit contains everything you need to simply and reliably find out whether you are pregnant or not, as early as 6 days before the day of your missed period (5 days before day of expected period).

When a woman is pregnant, her body makes

a hormone called human chorionic gonadotropin (hCG), which can be detected in urine.

The First Response $\ensuremath{^{\text{\tiny M}}}$ In-stream Pregnancy Test detects the presence of hCG in urine. In fact, with

the First Response[™] In-stream Pregnancy Test most women have enough hCG in their urine to be detected as early as 6 days before the day of their missed period (5 days before day of expected period). You can use the First Response[™] In-stream Pregnancy Test

You can use the First Response[™] In-stream Pregnancy Test any time of the day. You do not have to use first morning urine. Generally, however, your first morning urine contains the highest level of the pregnancy hormone.

Before you begin

Do not use after the expiry date stamped on the end of the carton. Store in a dry place below 30°C. Do not freeze. Keep out of reach of children. Single use device. Do not reuse. For in-vitro diagnostic use. Not to be taken internally.



In-stream Pregnancy Test - First to Detect the presence of hCG in urine

Instructions for use

- 1. Remove test stick from foil wrapper and take off the *replaceable protective cap*.
- 2. Holding the test stick by the *Thumb Grip* with the *Absorbent Tip* pointing downward and the *Result Window* facing away from your body, place the *Absorbent Tip* in
 - your urine stream for <u>5 seconds only</u>. It is recommended to use a watch/clock to time 5 seconds. You may collect your urine in a clean, dry cup and immerse the entire **Absorbent Tip** in the urine for 5 seconds only if preferred.)
 - 3. With the Absorbent Tip still pointing downward, replace the *protective cap** and lay the stick on a dry flat surface with the *Result Window* facing up.
 - 4. You may soon see a pink colour moving across the *Result Window* to indicate that the test is working.
 - 5. Read your results at 3 minutes, but within 10 minutes.

* Replacement of the *protective cap* is not necessary for the proper functioning of this test. The *protective cap* allows you to save the test in order to show a positive result to your partner or doctor.

Reading the Results



Pregnant TWO PINK LINES in the Result Window. (One line may be lighter than the other, they do not have to match).



Not Pregnant ONE PINK LINE in the Result Window. (There will be no trace of a second line).

IMPORTANT NOTE REGARDING POSITIVE RESULTS:

How to Interpret Your Test Result

Pregnant – A positive test result means your urine contains hCG, a hormone your body makes during pregnancy. Because this test detects very low levels of hCG, some women may test positive even if they are not pregnant. You should *consult your doctor* to confirm that you are pregnant and for proper prenatal care and nutrition counselling.

Not Pregnant – A negative test means that no hCG has been detected and you are probably not pregnant. You may want to repeat the First Response[™] In-stream Pregnancy Test if a few days pass and you still have not started menstruating. If the result from this later test is still negative, you are probably not pregnant, but you should see your physician because there could be health-related reasons why you are not menstruating.

In home pregnancy test kits

Questions & Answers

Q: How does the test work?

A: The First Response[™] Early Result In-Stream Pregnancy Test detects in urine the hormone your body makes during pregnancy: hCG (human chorionic gonadotropin). With the First Response™ Early Result In-Stream Pregnancy Test most women have enough hCG to be detected as early as 6 days sooner than the day of their missed period (five days before day of expected period). The amount of pregnancy hormone increases as pregnancy progresses. In clinical testing, First Response[™] Early Result In-Stream Pregnancy Test detected hormone levels consistent with pregnancy in 62% of women 6 days before the day of their missed period (5 days before the expected period), in 78% of women 5 days before the day of their missed period, in 87% of women 4 days before the day of their missed period, and in 98% of women 3 days before the day of their missed period and 99% of women 2 days before the day of their missed period.

Q: When can I do the test?

A: You can test as early as 6 days before your missed period (5 days before day of expected period). You can use the First Response[™] In-stream Pregnancy Test any time of day. You don't have to use first morning urine. Generally, however, your first morning urine contains the highest level of pregnancy hormone.

Q: How accurate is the First Response Early Result In-Stream Pregnancy Test?

A: In studies the First Response[™] Early Result In-Stream Pregnancy Test is over 99% accurate the day before AND the day your period is due. Note that hormone levels vary: some women may not have detectable amounts of the pregnancy hormone (hCG) in their urine on the day they use the test.

Q: What do I do if the result is positive (pregnant)?

A: A positive (pregnant) test result shows that the pregnancy hormone (hCG) was detected. You should see your doctor to confirm that you are pregnant. Because this test detects very low levels of hCG, some women may test positive even if they are not pregnant. For example, a study of women aged 41-55 showed that 4 out of every 100 women tested positive even though they were not pregnant. Such "false positive" results in women in this age group are generally due to a hormone called pituitary hCG.

Q: What do I do if the result is negative (not pregnant)?

A: You may not be pregnant, or it may be too early to tell. If you do not get your period within a few days, you should retest with another First Response™ In-stream Pregnancy Test. It is possible that you miscalculated the length of your cycle or your urine may not have had enough pregnancy hormone for the First Response™ In-stream Pregnancy Test to give a positive result. If you retest and again no hCG is found, and your period has still not started, you should call your doctor.

Q: I have waited longer than three minutes, and still there are no lines in the Result Window. Is there anything wrong?

A: Your result should appear within three minutes. There should be at least one pink line in the Result Window at five minutes to indicate that the test is completed and that you have done it correctly. If not, the test is invalid. This could be due to insufficient urine on the Absorbent Tip or not holding the device with the Absorbent Tip pointing downward while replacing the Overcap. You should retest with another First Response[™] In-stream Pregnancy Test, carefully following all directions.

Q: Will the result change if left standing for a certain period of time?

A: The test result should be read as soon as possible after waiting the 3 minutes and within 10 minutes. A negative result (1 pink line) will last for 10 minutes. After the 10 minute period, disregard any further changes, it is still a negative result.

Q: Do any drugs or medications affect the test? A: Only medications containing the pregnancy hormone (hCG) can affect the result (e.g. A.P.L.¹, Pregnyl² and Profasi⁴). The test should not be affected by hormone therapies containing Clomiphene citrate (e.g. Clomid³ and Serophene⁵), alcohol, painkillers, antibiotics or the contraceptive pill.

Q: Who can I contact if I have more questions?

A: For further information or advice on using the First Response™ In-Stream Pregnancy Test, contact: Church & Dwight (Australia) Pty Ltd PO Box 6369, Frenchs Forest, NSW 2086, Australia. Email: enquiries@churchdwight.com.au Or telephone us on the

FIRST RESPONSE ADVICE LINE (Monday to Friday 8.30am - 5.00pm AEST) Australia Free Call: 1800 222 099 New Zealand Free Call: 0800 380 218 www.churchdwight.com.au www.firstresponsepregnancy.com.au Distributed by: Church & Dwight (Australia) Pty Ltd Level 2, 22 Rodborough Road, Frenchs Forest NSW 2086, Australia. Manufactured for: Church & Dwight Co., Inc. 500 Charles Ewing Blvd., Ewing, NJ USA

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- 3 Clomid is a registered trademark of Merrell Pharmaceutical.
- 4 Profasi is a registered trademark of Ares Trading SA.
- 5 Serophene is a registered trademark of Ares Trading SA.

Important

To increase your chances of a healthy pregnancy for you and your baby, you should consider the following:

- Maintain a well-balanced diet.
- Stop smoking.
- Avoid alcohol consumption.
- The first three months of pregnancy are the most important for your developing baby. You need to see your doctor immediately for proper care and nutrition counselling.